NOCTURNAL PULSOXYMETRY – INSTRUCTIONS 🇬🇧
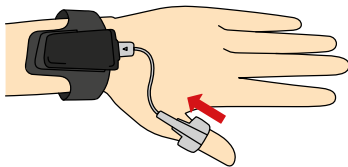
1   Attach the device on your left wrist before going to bed.

2   Slide the ring sensor onto your thumb as shown below.

3   Press the on / off button on the side 1x to switch on the device.

4   After a short vibration check, time and battery charge levels are displayed.

5   Subsequently, the screen displays   MODE 🌙ᶻᶻ   followed by   SLEEP MODE

6   Now the measurement starts automatically.

7   You can see your current oxygen saturation (SPO2 %) and pulse on the screen.
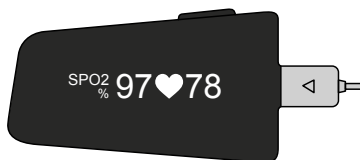
8   The ring sensor on your thumb glows reddish during the measurement.

9   Wear the device throughout the whole night.

10   Stop the recording in the morning before getting up by pressing the on / off button for 3 seconds.

11   Remove the device including the ring sensor and put it back into the box.

12   Return the box to your physician.